



# Reprocessed by ReNu Medical, Inc.

## Instructions for Use Reprocessed Humane Restraints

Reprocessed Device for Single Use

### Symbol Legend:



Date of Reprocessing



Do Not Reuse



Consult instructions for use



Do not use if package is damaged



Non-Sterile – High Level  
Disinfection



Caution See Instructions for use



ReNu Medical Catalog#



Customer ID#, if none specified;  
ReNu Medical Catalog#



Reprocessor/Manufacturer



Not made with natural rubber Latex



Fragile, handle with care



Keep dry



Caution: Federal (USA) law restricts  
this device to sale by or on the order  
of a physician.



Original Equipment Manufacturer  
Catalog#



ReNu Medical Sales Order



Qty of Devices included in Pkg/Cs



## Reprocessed Humane Restraints

### Indications for Use

Patients assessed to be at risk of disrupting life-saving treatments (e.g., chronic tube pulling).

Patients assessed to be at risk of line pulling, which may prevent monitoring of vital signs.

Patients whose picking, pulling, scratching, or peeling exacerbates a skin condition, causes self-injury, or compromises wound site integrity.

Patients assessed as being in extreme danger of injury to themselves or to others.

OEM Cat#	ReNu Cat#	OEM	Description
2789Q	RM-2789Q	Posey	Posey Twice-As-Tough Cuff 2789Q
2790Q	RM-2790Q	Posey	Posey Twice-As-Tough Cuff 2790Q
2791Q	RM-2791Q	Posey	Posey Twice-As-Tough Cuff 2791Q

### Contraindications

DO NOT use this device on a patient who is or becomes: suicidal; highly aggressive or combative; self-destructive; or deemed to be an immediate risk to others, UNLESS the patient is under constant supervision.

NEVER use on a patient: with a dislocation or fracture on the restrained limb; or if an IV or wound site could be compromised by the device.

### Warnings

- Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch; cracked or broken buckles or locks; and/or that hook and loop adheres securely, as these may allow patient to remove cuff. Discard if device is damaged.
- If you have any questions about patient safety, ask the appropriate medical authority for alternatives.

#### *ADDITIONAL OR DIFFERENT BODY OR LIMB RESTRAINTS MAY BE NEEDED:*

- If the patient pulls violently against the bed straps;
- To reduce the risk of the patient getting access to the line/wound/tube site;
- To prevent the patient from flailing or bucking up and down and causing patient release.

### Cautions

MONITOR PER FACILITY POLICY. Check to ensure that:

- Straps cannot slide in any direction, tighten or loosen if the patient pulls on them, or if the bed is adjusted;
- Cuffs are attached in a way that the patient is not able to use his or her teeth or otherwise remove the device;
- Cuffs are intact, and not torn or damaged. DO NOT allow patients to ingest product material.

#### MONITORING

- ReNu Medical recommends constant direct supervision for patients deemed to be at risk of injury to themselves or others. For times when direct supervision is not possible, monitor by line of sight or by a video/audio device.
- NEVER allow a patient to have access to any tool, utensil, or object that might be used to unlock or damage cuffs.
- Be aware that a sudden mood swing may cause agitated or aggressive behavior. Contact the medical team AT ONCE if this occurs. No level of monitoring may avoid the risk of serious injury to highly agitated or aggressive patients.

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- Check the patient regularly to ensure that:
- Circulation is not impaired. Serious injury may occur if the cuffs restrict circulation.
- Cuffs are secure. Death or serious injury to the patient or others may occur if the patient can remove the cuffs.

### Adverse Reactions

Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If the patient is likely to cause injury to him/herself or others, get help from a qualified medical authority to find an alternate intervention or method of restraint.

### Directions for Use

#### Ankle

Note: Always secure both ankles to prevent patient release.

Follow these steps to apply device:

- 2791-Wrap the connecting strap to a movable part of the bed frame, out of the patient's reach, by pulling the strap back between the first and second D-ring, or attach with a quick-release tie.
- 2791Q-Wrap the connecting strap once around a movable part of the bed frame, out of the patient's reach. Close the quick-release buckle. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.

Applying the cuffs (repeat steps 1-4 for each limb):

1. Wrap the neoprene piece (the red side should be positioned against the skin) around the ankle. Attach the black hook and loop pieces together, followed by the red hook and loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook. Be sure to overlap at least one inch (3 cm).
2. Press the hook and loop closure together firmly and make sure it adheres securely. Slide ONE finger (flat) between the cuff and the inside of the patient's ankle to ensure proper fit. The cuffs must be snug enough to prevent escape, but not interfere with circulation.
3. Secure strap.
  - a. 2791-Pass the end of the limb strap over the top cuff and through the two D-rings on the cuff. Bring the strap back over the first ring and through the two D-rings on the cuff.
  - b. 2791Q- Release the quick-release buckle, twist, and reconnect. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.
4. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.

TO LIMIT PATIENT RANGE OF MOTION:

1. Attach the cuff that is secured to the bottom right corner of the bed to the left ankle.
2. Criss-cross the straps and attach the cuff secured to the bottom left corner of the bed to the right ankle.
3. Adjust connecting straps as necessary.

#### Wrist

Note: Always secure both wrists to help prevent patient release.

1. Use method A. or B. below to attach straps to the bed (repeat steps 1-2 on each side):

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- A. Triangulation process; to restrict patient's range of motion: Separate the straps and attach them at different points along a movable part of the bed frame out of the patient's reach.
- B. To increase patient's range of motion: Place the straps together and attach to a single point along a movable part of the bed frame, out of the patient's reach.
2. Secure strap.
  - a. 2790-Wrap the connecting strap to the frame by pulling the strap back between the first and second D-ring, or attach with a quick-release tie.
  - b. 2790Q-Wrap the connecting strap once around a movable part of the bed frame, out of the patient's reach. Close the quick-release buckle. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.

### APPLYING THE CUFFS (repeat steps 1-4 for each limb):

1. Wrap the neoprene piece (the blue side should be positioned against the skin) around the wrist. Attach the black hook and loop pieces together, followed by the blue hook and loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook. Be sure to overlap at least one inch (3 cm).
2. Press the hook and loop closure together firmly and make sure it adheres securely. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The cuffs must be snug enough to prevent escape, but not interfere with circulation.
3. Secure Strap
  - a. 2790-Pass the end of the limb strap over the top of the cuff and through the two D-rings on the cuff. Bring the strap back over the first ring and through the two D-rings on the cuff.
  - b. 2790Q- Release the quick-release buckle, twist, and reconnect. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.
4. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.

*The names of the actual Original Equipment Manufacturer and products mentioned within this document and any information listed on the label is provided as identification prior to High-Level Disinfection reprocessing and may contain trademarks of unrelated third parties who may not represent the device after reprocessing.*

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